

World's Best Bran Mash

Treat your horse to something healthy.

Many large competitive farms and ranches feed bran mashes weekly (usually Sunday evenings after competitions) to keep their horses' digestive tracts working smoothly. Some farm managers use warm water, sweet syrup and chunks of apples and carrots in their bran mash recipes, creating a steamy, yummy treat for horses.

ec magazine veterinary consultant Dr. Toots Banner agrees that bran mashes are a great way to treat your horse to something special, while simultaneously providing a nutritious colic preventative in diets. Providing adequate forage is still the best way to keep feedstuffs moving through the horse's intestine, but Dr. Banner also recommends the following bran mash to help lubricate the digestive tract.

For best results, feed this bran mash once a week.

2 quarts wheat bran
2 quarts Seminole Mineral Oil

Mix well in a large bucket, and feed as a replacement for that evening's feed. If horse is a fussy eater, add small amounts of feed or treats to the oil and bran mix.